



bayside **eyecare**



## Vision Therapy – what's involved?



# Vision Therapy

The aim of Vision Therapy is to help children explore new ways of learning and thinking. It allows them to develop important skills that assist with eye alignment, focussing or interpretation of visually derived information.

These skills are required when a child is working with and making sense of academic material. For example good visualisation skills are required for spelling and good visual spatial skills are required for telling the difference between d,b,p and q.

Vision therapy involves daily home work [15-20mins/ day] as well as weekly or fortnightly in office visits. Vision therapy usually involves 8-10 visits and reassessment post therapy.

We strongly recommend booking vision therapy sessions first thing in the morning to optimise participation and performance in your child's vision therapy session.



Call us to make an appointment today



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